





## ARE YOU 60 YEARS OLD OR OLDER AND/OR DISABLED?

## MAXIMIZE YOUR CALFRESH FOOD BENEFITS USING MEDICAL DEDUCTIONS!

## Who can qualify for the Medical Expense deduction?

At least one individual in the household is elderly (60 or older) or disabled\*

By providing proof that you have paid \$35 or more towards any of these items listed below, your CalFresh allotment amount may increase.

- Medicare premium
- Medi-Cal Share of Cost (SOC) Medical or Dental care
- Prescribed medication
- Prescribed over the counter medications
- Hospitalization or outpatient treatment/ nursing care
- Health and hospitalization insurance policy premiums
- Prescribed eye glasses or contact lenses
- Dentures, hearing aids and prosthetics

- Prescribed medical supplies and equipment
- Maintaining an attendant necessary due to age, illness, or infirmity
- Service animals (i.e. seeing eye or hearing dog) expenses (food, vet bills, etc.)
- Cost of transportation (mileage or fee) for treatment or services
- The number and cost of meals furnished to an attendant
- Cost of lodging to obtain medical treatment or services

To receive a deduction, submit a current bill or receipt with your name and case number online (at <a href="www.benefitscal.com">www.benefitscal.com</a>, <a href="www.benefitscal.com">wirtualkiosk.acgov.org/</a>) or by mail or in-person to one of the following locations:

North Oakland Self-Sufficiency Center	Eastmont Self-Sufficiency Center	Enterprise Self-Sufficiency Center
2000 San Pablo Ave	6955 Foothill Blvd Suite 100	8477 Enterprise Way
Oakland CA 94612	Oakland CA 94605	Oakland CA 94621
Gail Steele Multi-Service Center	Fremont Office	Livermore Self-Sufficiency Center
24100 Amador St	39155 Liberty St Ste C330	2499 Constitution Drive,
Hayward CA 94544	Fremont CA 94536	Livermore CA 94551

<sup>\*</sup> Disabled: Receiving disability payments from Social Security Administration (SSA) or has been deemed disabled by the Federal Government.



